Trail Rules

1. For your safety, all overnight backpackers must register at North Welcome Station Trailhead and get a free Backpacking Permit. Tell family or friends your location. Cell service is unreliable.

2. Campfires permitted in previously used sites except during high fire danger. Dead or down wood may be used for fuel. Attend fire at all times and completely extinguish before leaving.

3. Respect the Resource
   - Camp at least 50 feet from marked trail. Bury all human waste 200 feet from marked trail.
   - Leave plants, flowers, and historic items behind for others to enjoy.
   - Do not harass wildlife; stay far enough away to keep you safe.
   - Use low-impact techniques. Please stay on trails to prevent soil erosion, even through wet areas.
   - Pack out all garbage. Recycle bins located at Golden Pond Visitor Center, Homeplace, Nature Station, and North & South Welcome Stations.
   - Motor vehicles prohibited except approved organized events.

4. Firearms are prohibited.

5. Pets must be on a leash of six feet or less and under physical control at all times. Pet waste must be disposed of properly by owners.

6. Call Before You Haul: Check trail conditions at 270.924.2000 or visit our official website at www.landbetweenthelakes.us/alerts-notices.

7. You are responsible for your own safety. Inherent risks exist. Be prepared for a variety of unexpected and dangerous conditions.
   - Protect yourself from Lone Star and American Dog ticks; primarily from March through October. Insect repellent available in gift shops.
   - Be familiar with poison ivy and avoid it. Leaves of three; let it be.
   - Springs are not reliable. Properly treat all trailside water before consuming. Potable water at Welcome Stations and Hillman Ferry Campground.
   - For 24-hour dispatch, call 1.877.861.2457.
   - Call 9-1-1 in an emergency.

Water is not available on trails.
Springs are not reliable. Bring water or filter lake water. Potable water is available at North Welcome Station and Hillman Ferry Campground.

www.landbetweenthelakes.us